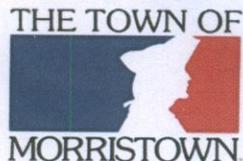


MORRISTOWN SENIOR NEWSLETTER



MARCH/APRIL 2015

Timothy Dougherty, Mayor

Publication of the Morristown Senior Center
200 South Street, 3rd Floor
Morristown, NJ 07960
Phone: 973-292-6690 – Fax: 973-631-5662

Happy St. Patrick's Day!

Tuesday – March 17th

AARP Tax Counseling

AARP Foundation with the IRS is again providing FREE Income Tax counseling and preparation at the Morristown Senior Center. Counselors will be available on Mondays only, February 2nd through April 13th. Return preparation includes NJ State return and free electronic filing **IMPORTANT: Must bring following items: (1) Photo ID, (2) Social Security Card, (3) Copy of last year's Tax Return, and (4) Evidence of Health Insurance Coverage. By appointment only! Call: 973-292-6690.**

NEW AARP SMART DRIVER COURSE

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road, and reduce your overall maintenance and car insurance costs. \$15 for AARP members/\$20 non-members – Course given in two sessions on two separate days from 9-12PM each day – Must complete both sessions. Next course dates: January 15th & 22nd and February 12th & 19th - cash, checks and money order accepted. Reservations required – call 973-292-6690.



The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS – Bus operates Monday, Wednesday and Friday only. Call 973-267-2733 for confirmation of bus service. For specific questions, please call: 973-292-6670 or go to: www.townofmorristown.org

Senior Citizen Inter-Generational Prom 17th Annual Inter-generational Prom is Friday, May 8th, 2015 from 6:00-9:00 p.m. Come spend the evening dining and dancing, hosted by Morristown High School students! The school cafeteria will be transformed for our prom theme, “Rock the Red Carpet”. This FREE event is for senior citizens of Morristown, Morris Plains and Morris Township. It is sponsored by the MHS Home & School Association, and The Education Association of Morris (TEAM). RSVP is required by April 10, 2015. Please contact Roberta at (973) 644-4059 or at rbtwo4me@gmail.com. Space is limited so RSVP soon!

60 Plus Club

The next meetings of the 60 Plus club will be held on March 24th and April 28th at 1:00pm – Membership required.

CHESS CLUB

Open to beginners and those who want to freshen up their skills. Seeking volunteer instructor - Thursdays – 10:00 -12:00PM - CALL 973-292-6690 IF INTERESTED

BRIDGE CLUB

Monday and Thursday - 12:30-4:00PM
NEW MEMBERS WELCOME!!!

GREASE

Please join us on Senior Day for a complimentary performance of the 2015 Morristown High School student musical "Grease." Where: Morristown High School, 50 Early Street, Morristown, NJ. Date: Thursday, March 26th, Time: 3:00PM. If you plan to attend please call Parent Volunteer, Ann Ricci, at 973-214-6030.

FREE BLOOD PRESSURE

Every Third Friday of the Month
Time: 9:15-10:00AM – Senior Center
3rd Floor – Call Judi at 973-796-1975 for further information.



Friday – March 20th



Sunday – April 5th



FLEX & STRETCH

Join us every Tuesday & Friday
10-11am with Instructor Irene Phelan –
FREE! JOIN IN THE FUN!!!!

SPRING TRIVIA QUIZ

1. Who wrote "In the Spring a young man's fancy lightly turns to thoughts of love"?
 - a) William Blake
 - b) T.S. Eliot
 - c) Alfred Lord Tennyson
 - d) Geoffrey Chaucer
2. Egypt's pyramids may get the most press, but they aren't unique. Which country is home to the pyramid of Kulkulkan that was built with the solstices and equinoxes in mind?
 - a) Cambodia
 - b) Mexico
 - c) Peru
 - d) Ecuador
3. What is a Passover Seder?
 - a) A ceremonial dinner
 - b) A pilgrimage
 - c) A religious service held in a synagogue
 - d) A dance
4. Which Florida beach locale was a notoriously popular destination for college students on spring break until the late 1980s?
 - a) Panama City Beach
 - b) Key West
 - c) South Beach
 - d) Fort Lauderdale
5. The movie "Easter Parade" (starring Fred Astaire and Judy Garland) immortalizes the grand Easter Sunday stroll down what famous street?
 - a) Collins Avenue in Miami Beach
 - b) Beverly Hills' Rodeo Drive
 - c) Paris' Champs Elysées
 - d) New York's Fifth Avenue
6. Which ancient monument was built facing the sunrise of the vernal equinox?
 - a) The Great Sphinx at Giza, Egypt
 - b) The Colossus of Rhodes
 - c) The Parthenon in Athens, Greece
 - d) The Hanging Gardens of Babylon
7. In the United States, wearing new clothes on Easter Sunday is a popular tradition. Where does the tradition originate?
 - a) Milan's fashion week
 - b) Jesus' robes on Palm Sunday
 - c) Holy Saturday baptism rituals
 - d) Ancient pagan rituals

Town of Morristown Senior Program and The Division of Health Presents:
The Healthy Living Series: New Vitality - "Aging in Your Own Space" – Join us for recommendations on how to stay organized and age gracefully in your own space. New Vitality is Atlantic Health's health and wellness service for seniors. When: Friday, March 27, 2015 – 11:15am – Where: Morristown Senior Center, 200 South Street, 3rd Floor. Light refreshments will be served. For information call: 973-292-6690.

"WHO DO I CALL?"

If you have a problem or question and are not sure what Town Department to call, contact Wayne Cresta at 973-292-6709 or E-Mail w-cresta@townofmorristown.org He will make all attempts to sort it out.

WISH LIST

Times are Lean for Us Too!!!!
The Senior Center can use the following items:

- **Packaged cookies and candy**
- **Coffee, coffee creamer**
- **Office supplies or just surprise us**

DOES YOUR HOUSE NEED WORK?

The "Morris County Housing Rehabilitation Program." Could be your answer! Contact Wayne Cresta: 973-292-6709 for more information

THANK YOU TO OUR VOLUNTEERS

Collators of the January/February 2015 Newsletter
Joan Cooper
Shelia Marzloff
Joyce Small
Minati Chowdhury
Donna Parris

Morristown Senior Center gratefully acknowledges the many donations received from the community.

HOMESHARE

Housing Alternative for Morris County
If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call: 908-526-4663 or go to

MORRISTOWN online web-sites

For local news and events visit
<https://www.morristown.patch.com>
<https://www.morristowngreen.com>
<https://www.Morristownpartnership.org>

TOWN OF MORRISTOWN "website"

<https://www.townofmorristown.org>

STATE HEALTH INSURANCE ASSISTANCE

PROGRAM (SHIP) – Please Note:
Appointments must be made by telephone – Call: 973-796-1988 – Appointments scheduled for the 2nd or 4th Thursday of the month.

Answers to Spring Trivia

1. **c)Alfred Lord Tennyson**
2. **b) Mexico**
3. **a) A ceremonial dinner**
4. **d) Ft. Lauderdale**
5. **d) New York's Fifth Avenue**
6. **a) The Great Sphinx at Giza, Egypt**
7. **c) Holy Saturday baptism**

SPECIAL THANKS TO THE MORRIS PHOTOCOLOR CLUB FOR THE BEAUTIFUL PRINTS AND PHOTOGRAPHS THAT GRACE THE WALLS OF THE MORRISTOWN SENIOR CENTER. FOR MORE INFORMATION CONTACT THE CLUB AT
<http://www.morrisphotocolor.com>

IMPORTANT PHONE NUMBERS

Police (Non-Emergency) - 973-292-6614

Police/ Fire (Emergency) - 911

Property Maintenance - 973-292-6700

(Sidewalk issues)

Veterans Issues - 973-285-6866

MAPS (Medical Transportation) 973-829-8103

(Call at least one week in advance)

Morristown Housing Authority –

VNA House Call Groceries – 973-539-1216

(Volunteers shop. \$5 administrative fee)

New Jersey EASE information Hotline

(1-800-564-4656 – Senior services in Morris

County)

Office of Support Services for the Aged

(1-800-792-9745 (Benefit programs

including PAAD and lifetime)

Midday Friendship Center – 973 285-6856

Meals provided to those over 60 years old

Morristown Partnership – 973-455-1133

Morris County Division on Aging,

Disabilities & Veterans Services –

973-285-6848

Legal Aid - 973-285-6911

Family Service of Morris County

973-538-5260

To obtain a Morris County Photo ID card:

contact Office of the Clerk: 973-285-6160 or

www.morriscountyclerk.org

NJT Reduced Fare Program – 973-491-7112

Attention: Morristown Senior Center does not

provide transportation.

(GROCERY SHOPPING – Morristown

Residents Only)- Pick-up: 8:00AM (one hour

shopping) Please note: only one family

member per shopping trip and a three (3) bag

limit. No exceptions!

Tuesday and Thursday: Shoprite

Wednesday: Acme

Reservations required – call 973-292-6690

TOWN OF MORRISTOWN

DIV. OF AGING/SENIOR CENTER

200 SOUTH STREET, P.O. BOX 914

MORRISTOWN, NJ 07963-0914