MORRISTOWN SENIOR NEWSLETTER
NOVEMBER/DECEMBER 2015

Timothy Dougherty, Mayor

Publication of the Morristown Senior Center
200 South Street, 3rd Floor
Morristown, NJ 07960
Phone: 973-292-6690 – Fax: 973-631-5662

MORRISTOWN ANNUAL SENIOR HOLIDAY PARTY
Wednesday – December 16, 2015
12:00 – 3:00PM
200 South Street
Senior Center – 3rd Floor

NEW AARP SMART DRIVER COURSE
Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road, and reduce your overall maintenance and car insurance costs. $15 for AARP members/$20 non-members – Course given in two sessions on two separate days from 9-12PM each day – Must complete both sessions. Next course dates: November 16th & 23rd - cash, checks and money order accepted. Reservations required – call 973-292-6690.

ELECTION DAY
Tuesday – November 3rd
(Building Closed)

Sundays
June 21st through November 22nd, 2015
Spring & Morris Streets

CHESS CLUB
Open to beginners and those who want to freshen up their skills. Seeking volunteer instructor - Thursdays – 10-12PM - CALL 973-292-6690 IF INTERESTED

The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS – Bus operates Monday, Wednesday and Friday only. Call 973-267-2733 for confirmation of bus service. For specific questions, please call: 973-292-6670 or go to: www.townofmorristown.org

Happy Halloween
October 31, 2015

BRIDGE CLUB
Monday and Thursday - 12:30-4:00pm
NEW MEMBERS WELCOME!!!

FREE BLOOD PRESSURE
Every Third Friday of the Month
Time: 9:15-10:00AM – Senior Center
3rd Floor – Call Judi at 973-796-1975 for further information.

Morristown 60 Plus Club
Next meetings November 24th & December 22nd at 1:00PM. NEW MEMBERS WELCOME! (Minimum age to join is 55 years old – Membership fee required.

CHAIR YOGA
Chair Yoga, presented by Be Well Morristown Health & Wellness Services, is a yoga class that is practiced by sitting on a chair or standing, by using a chair for support. Classes will meet on Thursday, November 19th and December 10th, 11-12PM. CLASS IS FREE!
For more information contact Ruby at 973-292-6690.

DIVISION OF HEALTH 2015 SENIOR CITIZEN FLU CLINIC
Tuesday from 9-4pm & Friday from 9-12pm
200 South St, 2nd Floor, Morristown, NJ
Free with Medicare Part B, (bring Medicare card) $15 all others. WALK-INS OK! Call Judi 973-796-1975 for more information.

VETERAN'S DAY
Wednesday – November 11th
(Building Closed)

HAPPY THANKSGIVING
Thursday – November 26th
(Building closed 26th & 27th)

Christmas Festival at the Morristown Green
Sunday, November 29, 2015
A Morristown Partnership Event

DOES YOUR HOUSE NEED WORK?
The "Morris County Housing Rehabilitation Program" could be your answer! Contact Wayne Cresta - 973-292-6709 for more information.

TOWN OF MORRISTOWN "website"
www.townofmorristown.org
MORRISTOWN online web-sites
For local news and events visit
www.morristownpatch.com
www.morristowngreen.com

THANK YOU TO OUR VOLUNTEERS
Collators of the September/October 2015 Newsletter

Minati Chowdhury
Joan Cooper
Sheila Marzloff
Joyce Small

FLEX & STRETCH
Join us every Tuesday & Friday
10-11am with Instructor Irene Phelan – FREE! – JOIN IN THE FUN!!!!!

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP) – Please Note: Appointments must be made by telephone – please call: 973-796- 1988 – Appointments scheduled for the 2nd or 4th Thursday of the month – 10-2pm

"WHO DO I CALL?"

If you have a problem or question and are not sure what Town Department to call, contact Wayne Cresta at 973-292-6709 or E-Mail w-cresta@townofmorristown.org He will make all attempts to sort it out.

WISH LIST

Times are Lean for Us Too!!!!
The Senior Center can use the following items:

- ***Packaged cookies and candy***
- ***Coffee***
- ***Office supplies or just surprise us***

Morristown Senior Center gratefully acknowledges the many donations received from the community.

HOMESHARE

Housing Alternative for Morris County
If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call 908-526-4663.

Christmas Day
Thursday – December 25th
(Building Closed)

IMPORTANT PHONE NUMBERS

Police (Non-Emergency) - 973-292-6614
Police/ Fire (Emergency) - 911
Property Maintenance - 973-292-6700
(Sidewalk issues)
Veterans Issues - 973-285-6866
MAPS (Medical Transportation) 973-829-8103
(Call at least one week in advance)
Morristown Housing Authority –
VNA House Call Groceries – 973-539-1216
(Volunteers shop. $5 administrative fee)
New Jersey EASE information Hotline
(1-800-564-4656 – Senior services in Morris County)
Office of Support Services for the Aged
(1-800-792-9745 (Benefit programs including PAAD and lifetime)
Midday Friendship Center – 973 285-6856
meals provided to those over 60.
Morristown Partnership – 973-455-1133
Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848
Legal Aid - 973-285-6911
Family Service of Morris County
973-538-5260
To obtain a Morris County Photo ID card:
contact Office of the Clerk: 973-285-6160 or www.morriscountyclerk.org
NJT Reduced Fare Program – 973-491-7112

(GROCERY SHOPPING)

Must reside in Morristown-Township excluded
Pick-up: 8:00AM (one hour shopping)
Please note: only one family member per shopping trip and a three (3) bag limit. No exceptions!
Tuesday and Thursday: Shoprite
Wednesday: Acme
Reservations required – call 973-292-6690

TOWN OF MORRISTOWN
DIV. OF AGING/SENIOR CENTER
200 SOUTH STREET, P.O. BOX 914
MORRISTOWN, NJ 07963-0914