MORRISTOWN SENIOR NEWSLETTER
SEPTEMBER/OCTOBER 2015

THE TOWN OF MORRISTOWN

Timothy Dougherty, Mayor

Publication of the Morristown Senior Center
200 South Street, 3rd Floor
Morristown, NJ 07960
Phone: 973-292-6690 – Fax: 973-631-5662

Monday – September 7th
Building Closed

NEVER FORGET

NEW AARP SMART DRIVER COURSE
Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road, and reduce your overall maintenance and car insurance costs. $15 for AARP members/$20 non-members – Course given in two sessions on two separate days from9-12PM each day – Must complete both sessions. Next course dates: September 14th & 21st and October 19th & 26th - cash, checks and money order accepted. Reservations required - Call 973-292-6690 ask for Ruby.

The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS – Bus operates Monday, Wednesday and Friday only. Call 973-267-2733 for confirmation of bus service. For specific questions, please call: 973-292-6670 or go to: www.townofmorristown.org

CHESS CLUB
Open to beginners and those who want to freshen up their skills. Seeking volunteer instructor - Thursdays – 10:00 -12:00PM - CALL 973-292-6690 IF INTERESTED.

Morristown 60 Plus Club
Club will not meet July and August, 2015. Next meeting September 22, 2015. NEW MEMBERS WELCOME! (Minimum age to join is 55 years old).

BRIDGE CLUB
Monday and Thursday - 12:30-4:00PM
NEW MEMBERS WELCOME!!!

MORRISTOWN FARMERS MARKET

Sundays
June 21 through November 22, 2015
Spring & Morris Streets

Monday – October 14th
Building Closed

Fall Trivia Questions

1. *During which month does summer end and autumn begin?*
   a) September b) October c) November
2. *During which month does autumn end and winter begin?*
   a) October b) November d) December
3. *In autumn do you turn your clocks ahead or back?*
   a) Ahead b) Back
4. *Why do the leaves change color in autumn?*
   a) No particular reason.
   b) As the leaves loose chlorophyll, their other pigments are exposed.
   c) Because they like to look pretty.
5. *Which of these animals hibernate?*
   a) Deer b) Bear c) Squirrels
6. *When do Canadians celebrate Thanksgiving?*
   a) September b) October c) November
7. *When do Americans celebrate Thanksgiving?*
   a) November b) December c) January
8. *When is Remembrance Day?*
   a) November 4 b) November 11
   c) November 22
9. *What is the best way to dispose of fallen leaves?*
   a) Throw them out with the trash
   b) Burn them c) Compost them
10. *Squash is harvested in the autumn. Which of these is not a variety of squash?*
    a) Spaghetti b) Summer c) Eggplant

"WHO DO I CALL?

If you have a problem or question and are not sure what Town Department to call, contact Wayne Cresta at 973-292-6709 or E-Mail w-resta@townofmorristown.org He will make all attempts to sort it out.

WISH LIST

Times are Lean for Us Too!!!!
The Senior Center can use the following items:

- ***Packaged cookies and candy***
- ***Coffee, Coffee Creamer***
- ***Plastic utensils and cups***
- ***Office supplies or just surprise us***

DOES YOUR HOUSE NEED WORK?
The "Morris County Housing Rehabilitation Program." Could be your answer! Contact Wayne Cresta: 973-292-6709 for more information

FREE BLOOD PRESSURE
Every Third Friday of the Month
Time: 9:15-10:00AM – Senior Center
3rd Floor - Contact Judi at 973-796-1975 for further information.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)
Please Note: Appointments must be made by telephone – please call: 973-796- 1988 – Appointments scheduled for the 2nd or 4th Thursday of the month – 10-2pm – Absolutely no walk-ins.

Town of Morristown & Morristown Neighborhood House Present

Morristown Community Family Day
Join us for the 13th Annual Community Family Day Celebration this year as we commemorate Morristown for 150 years incorporated! A day filled with food, friends & fun. September 12th – noon-5pm Flagler Street, Rain date September 19, 2015

TOWN OF MORRISTOWN "website"
www.townofmorristown.org
MORRISTOWN online web-sites
For local news and events visit
www.morristownpatch.com
www.morristowngreen.com

Morristown Senior Center gratefully acknowledges the many donations received from the community.

FLEX & STRETCH
Join us every Tuesday & Friday 10-11am with Instructor Irene Phelan – FREE! – JOIN IN THE FUN!!!!!

HOMESHARE

Housing Alternative for Morris County
If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call: 908-526-4663 or go to www.homesharing.org

Fall Trivia Answers

1. **a) September**
2. **c) October**
3. **b) Back**
4. **b) Leaves loose chlorophyll**
5. **b) Bear**
6. **b) October**
7. **a) November**
8. **b) November 11**
9. **c) Compost them**
10. **c) Eggplant**

THANK YOU TO OUR VOLUNTEERS

Collators of the July/August 2015 Senior Newsletter
Minati Chowdhury, Joan Cooper, Ruth Grimm, Florence Handley, Sheila Marzloff, Sapra Mahesh, Donna Parrs, Alice Schwartz, Joyce Small

Sunday – September 27th
Morristown Partnership Event

Trick-or-Treat in Downtown Morristown
Friday – October 30th
Morristown Partnership Event

IMPORTANT PHONE NUMBERS

Police (Non-Emergency) - 973-292-6614
Police/ Fire (Emergency) - 911
Property Maintenance - 973-292-6700
(Sidewalk issues)
Veterans Issues - 973-285-6866
MAPS (Medical Transportation) 973-829-8103
(Call at least one week in advance)
Morristown Housing Authority –
VNA House Call Groceries – 973-539-1216
(Volunteers shop. $5 administrative fee)
New Jersey EASE information Hotline
(1-800-564-4656 – Senior services in Morris County)
Office of Support Services for the Aged
(1-800-792-9745 (Benefit programs including PAAD and lifetime)
Midday Friendship Center – 973 285-6856
meals provided to those over 60.
Morristown Partnership – 973-455-1133
Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848
Legal Aid - 973-285-6911
Family Service of Morris County
973-538-5260
To obtain a Morris County Photo ID card:
contact Office of the Clerk: 973-285-6160
or www.morriscountyclerk.org
NJT Reduced Fare Program – 973-491-7112

Attention: Morristown Senior Center does not provide transportation

(GROCERY SHOPPING)
Pick-up: 8:00AM (one hour shopping)
Please note: only one family member per shopping trip and a three (3) bag limit. No exceptions!
Tuesday: Shoprite
Wednesday: Acme
Thursday: Shoprite
Reservations required – call 973-292-6690

TOWN OF MORRISTOWN
DIV. OF AGING/SENIOR CENTER
200 SOUTH STREET, P.O. BOX 914
MORRISTOWN, NJ 07963-0914