

MORRISTOWN SENIOR NEWSLETTER



SEPTEMBER/OCTOBER 2016

Timothy Dougherty, Mayor

Publication of the Morristown Senior Center
200 South Street, 3rd Floor
Morristown, NJ 07960
Phone: 973-292-6690 – Fax: 973-631-5662



NEW AARP SMART DRIVER COURSE

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road, and reduce your overall maintenance and car insurance costs. \$15 for AARP members/\$20 non-members – Course given in two sessions on two separate days from 9AM-12PM each day – Must complete both sessions. Next course dates: September 12th & 19th and October 17th & 24th - cash, checks and money order accepted. Reservations required - Call 973-292-6690 ask for Ruby.



MORRISTOWN 60 PLUS CLUB FIRST ANNUAL GAME DAY

Saturday, September 24, 2016 – 12-3PM - 200 South Street, Senior Center, 3rd Floor - Games, Buffet, Music. Donation: \$10.00. Tickets and more information contact Joyce Small at 862-812-3298 or Sandy Shruby at 201-443-7203.



NEVER FORGET

TOWN OF MORRISTOWN AND MORRISTOWN NEIGHBORHOOD HOUSE PRESENTS 14TH Annual Morristown Community Family Day – September 17, 2016. Rain date September 24th - 12pm to 5pm, Cauldwell Playground, Flagler Street, Morristown, NJ. Further information contact Linda Murphy at 973-538-1229 ext. 74 or murphyli@neighborhood-house.org.



21ST ANNUAL COMMUNITY HEALTH DAY

Saturday, September 10, 2016 - 9:00am-1:00pm. Headquarters Plaza, Speedwell Avenue, Morristown, NJ. You must pre-register for these free screenings: Cholesterol, Prostate, Hearing, Vision, Foot, Osteoporosis, Oral cancer, Children's Dental Screening (ages 1-12). To register call 800-247-9580.

BRIDGE CLUB

Monday and Thursday - 12:30-4:00PM
NEW MEMBERS WELCOME!!!

CHESS CLUB

Open to beginners and those who want to freshen up their skills. Seeking volunteer instructor – Thursdays, 11:00 -1:00PM - CALL 973-292-6690 IF INTERESTED.



DIVISION OF HEALTH 2016 SENIOR CITIZEN FLU CLINIC

Tuesday, September 13th, 8:30am-2:30pm, 200 South St, 2nd Floor, Morristown, NJ Free with Medicare Part B, (bring Medicare card) \$15 all others. WALK-INS OK! Call Judi 973-796-1975 for more information.



Sunday – September 25th
Morristown Partnership Event

The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS – Bus operates Monday, Wednesday and Friday only. Call 973-267-2733 for confirmation of bus service. For specific questions, please call: 973-292-6670 or go to:

www.townofmorristown.org

MORRISTOWN 60 PLUS CLUB

Next meeting Tuesday, September 27th, and October 25, 2016. NEW MEMBERS WELCOME! (Minimum age to join is 55 years old).



Sundays – 8:30AM-2:30PM
June 21 through November 22, 2016
Spring & Morris Streets



Columbus Day

Monday – October 10th
Building Closed

“WHO DO I CALL?”

If you have a problem or question and are not sure what Town Department to call, contact Wayne Cresta at 973-292-6709 or w-resta@townofmorristown.org He will make all attempts to sort it out.

WISH LIST

Times are Lean for Us Too!!!!

The Senior Center can use the following items:

- Packaged cookies and candy
- Coffee, Coffee Creamer
- Office supplies or just surprise us

DOES YOUR HOUSE NEED WORK?
The "Morris County Housing Rehabilitation Program." Could be your answer! Contact Wayne Cresta: 973-292-6709 for more information

FREE BLOOD PRESSURE
Every Third Friday of the Month
Time: 9:15-10:00AM – Senior Center
3rd Floor - Contact Judi at 973-796-1975 for further information.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)
Call 973-796-1988.

TOWN OF MORRISTOWN "website"
www.townofmorristown.org
MORRISTOWN online web-sites
For local news and events visit
www.morristownpatch.com
www.morristowngreen.com

Morristown Senior Center gratefully acknowledges the many donations received from the community.

FLEX & STRETCH



Join us every Tuesday & Friday
10-11am with Instructor Irene Phelan –
FREE! – JOIN IN THE FUN!!!!

THANK YOU TO OUR VOLUNTEERS
Collators of the July/August 2016 Senior
Newsletter
Minati Chowdhury, Joan Cooper,
Ruth Grimm, Florence Handley,
Sheila Marzloff, Sapra Mahesh,
Donna Parrs, Alice Schwartz, Joyce
Small



Trick-or-Treat in Downtown Morristown
Friday – October 30th
Morristown Partnership Event

HOMESHARE
Housing Alternative for Morris County
If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call: 908-526-4663 or go to www.homesharing.org

COMING SOON!!!
MORRISTOWN ANNUAL SENIOR
HOLIDAY PARTY DECEMBER 7, 2016.

IMPORTANT PHONE NUMBERS

Police (Non-Emergency) - 973-292-6614

Police/ Fire (Emergency) - 911

***Property Maintenance - 973-292-6700
(Sidewalk issues)***

Veterans Issues - 973-285-6866

MAPS (Medical Transportation) 973-829-8103

(Call at least one week in advance)

Morristown Housing Authority –

VNA House Call Groceries – 973-539-1216

(Volunteers shop. \$5 administrative fee)

New Jersey EASE information Hotline

(1-800-564-4656 – Senior services in

Morris County)

Office of Support Services for the Aged

(1-800-792-9745 (Benefit programs including PAAD and lifetime)

Midday Friendship Center – 973 285-6856 meals provided to those over 60.

Morristown Partnership – 973-455-1133

Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848

Legal Aid - 973-285-6911

Family Service of Morris County 973-538-5260

To obtain a Morris County Photo ID card: contact Office of the Clerk: 973-285-6160 or www.morriscountyclerk.org

NJT Reduced Fare Program – 973-491-7112

Attention: Morristown Senior Center does not provide transportation

(GROCERY SHOPPING)

Pick-up: 8:00AM (one hour shopping)

Please note: only one family member per shopping trip and a three (3) bag limit. No exceptions!

Tuesday: Shoprite

Wednesday: Acme

Thursday: Shoprite

Reservations required – call 973-292-6690

TOWN OF MORRISTOWN

DIV. OF AGING/SENIOR CENTER

200 SOUTH STREET, P.O. BOX 914

MORRISTOWN, NJ 07963-0914