

# MORRISTOWN SENIOR NEWSLETTER

## THE TOWN OF



# SEPTEMBER/OCTOBER

## 2018

*Timothy Dougherty, Mayor*

*Publication of the Morristown Senior Center  
200 South Street, 3<sup>rd</sup> Floor  
Morristown, NJ 07960  
Phone: 973-292-6690 – Fax: 973-631-5662*



**Monday – September 3rd  
Building Closed**

**MORRISTOWN NEIGHBORHOOD HOUSE  
PRESENTS 16<sup>TH</sup> Annual Morristown  
Community Family Day – September 15,  
2018. Rain date September 22, 2018  
Noon to 5PM - Cauldwell Playground,  
Flagler Street, Morristown, NJ. For  
further information contact Linda  
Murphy at 973-538-1229 ext.14 or  
[lmurphy@cfp-mnh.org](mailto:lmurphy@cfp-mnh.org).**



### **BRIDGE CLUB**

**Monday and Thursday - 12:30-3:30PM  
NEW MEMBERS WELCOME!!!**

**MORRISTOWN 60 PLUS CLUB  
Next meetings September 18<sup>th</sup> and  
October 23<sup>rd</sup> at 1:00P.M. NEW MEMBERS  
WELCOME! (Minimum age to join is 55  
years old – Membership fee required).**



### **NEVER FORGET**

### **AARP SMART DRIVER COURSE**

**Learn defensive driving techniques  
and evidenced-based strategies to  
keep you safe on the road and reduce  
your overall maintenance and car  
insurance costs. \$15/ AARP members  
/\$20 non-members – Course given in  
two sessions on two separate days  
from 9-12PM each day – Must  
complete both sessions. Next course  
dates: October 25<sup>th</sup> and November 1<sup>st</sup>  
- cash, check and money order  
accepted. Reservations required –  
calls 973-292-6690 ask for Ruby.**



**Sundays – 8:30AM-2:00PM**

June 18 through November 18, 2018  
Spring & Morris Streets  
The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS. Bus operates Monday, Wednesday, Friday and Saturday. Call 973-267-2733 for confirmation of bus service. For specific questions, please call 973-292-6670 or go to [www.townofmorristown.org](http://www.townofmorristown.org).



**DIVISION OF HEALTH 2018 SENIOR CITIZEN FLU CLINIC**

Friday, September 21<sup>st</sup>, 9am-12pm, Morristown Senior Center, 200 South St, 3rd Floor. Free with Medicare Part B, (bring Medicare card) \$15 all others. Thereafter Health Dept, 2<sup>nd</sup> Floor, will continue to give flu shot. **WALK-INS OK!** Call 973-796-1975 for more information.

**MORRIS HABITAT FOR HUMANITY Lunch and Learn for Seniors (62+)**

Open to all Morristown Seniors, **Wednesday, September 19<sup>th</sup>, 12-1pm, Morristown Senior Center, 200 South Street, 3<sup>rd</sup> Floor.** Enjoy lunch on us and learn how our repair and safety programs can help you stay healthy and safe in your home. For more information visit [MorrisHabitat.org](http://MorrisHabitat.org) or call 973-891-1934. **RSVP by September 12<sup>th</sup> to Katie Millard at 201-230-2745 or [Katie.millard@morrishabitat.org](mailto:Katie.millard@morrishabitat.org)**

MORRISTOWN  
**FESTIVAL OF BOOKS**

Where book lovers and authors meet. October 12<sup>th</sup> & 13<sup>th</sup>, 10am-5pm, various locations in Morristown. Information: [morristownbooks.org](http://morristownbooks.org).

**MORRISTOWN 60 PLUS CLUB EVENT CHRISTMAS SHOW**

Hunterdon Hills Playhouse, October 21, 2018 (Sunday), 2-4pm, \$75 (club members) \$80 (non-members). Payment due November 16, 2018. Bus leaves 1pm sharp from Town Hall Parking Lot. For further information contact Sandy Shruby at 201-887-9217 or Dolores Gibson at 973-224-8784.

**Morristown Recreation Dept. and Senior Center Present: Senior Trip to Turtle Back Zoo, Wednesday, October 3, 2018. Departure: 9:30AM Town Hall Parking Lot, 200 South Street. Must call Morristown Recreation to register at 973-292-6717. Tickets free, but space limited! Last day to register September 28, 2018.**



Sunday – September 30, 2018  
12:00-5:00pm



## **Columbus Day**

**Monday – October 8<sup>th</sup>  
Building Closed**

### **WISH LIST**

**Times are Lean for Us Too!!!!**

**The Senior Center can use the following items:**

- **Packaged cookies and candy**
- **Coffee, Coffee Creamer, milk**
- **Office supplies or just surprise us**

### **DOES YOUR HOUSE NEED WORK?**

**The “Morris County Housing Rehabilitation Program.” Could be your answer! Contact Wayne Cresta: 973-292-6709 for more information.**

### **FREE BLOOD PRESSURE**

**Every Third Friday of the Month  
Time: 9:15-10:00AM – Senior Center  
3<sup>rd</sup> Floor - Call at 973-796-1975 for further information.**

### **TOWN OF MORRISTOWN “website”**

**[www.townofmorristown.org](http://www.townofmorristown.org)**

**MORRISTOWN online web-sites**

**For local news and events visit**

**[www.morristownpatch.com](http://www.morristownpatch.com)**

**[www.morristowngreen.com](http://www.morristowngreen.com)**

*Morristown Senior Center gratefully acknowledges the many donations received from the community.*

### **FLEX & STRETCH**



**Join us every Tuesday & Friday  
10-11am with Instructor Cora Terzo  
FREE! – JOIN IN THE FUN!!!!**

**THANK YOU TO OUR VOLUNTEERS  
Collators of the July/August 2018 Senior Newsletter**



**Trick-or-Treat in Downtown Morristown  
Tuesday – October 30<sup>th</sup> – 10am-3pm**

### **HOMESHARE**

**Housing Alternative for Morris County  
If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call: 908-526-4663 or go to [www.homesharing.org](http://www.homesharing.org)**

### **State Health Insurance Assistance Program (SHIP) 1-800-792-8820**

**The State Health Insurance Assistance Program (SHIP) provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.**

**IMPORTANT PHONE NUMBERS**

**Police (Non-Emergency) - 973-292-6614**

**Police/ Fire (Emergency) - 911**

**Property Maintenance - 973-292-6700  
(Sidewalk issues)**

**Veterans Issues - 973-285-6866**

**MAPS (Medical Transportation) 973-829-8103 (Call at least one week in advance)**

**Morristown Housing Authority -  
(973) 538-6343**

**VNA House Call Groceries –  
973-539-1216**

**New Jersey EASE information Hotline  
(1-800-564-4656 – Senior services in  
Morris County)**

**Office of Support Services for the Aged  
(1-800-792-9745 (Benefit programs  
including PAAD and lifetime)**

**Midday Friendship Center – 973 285-6856  
meals provided to those over 60.**

**Morristown Partnership – 973-455-1133**

**Morris County Division on Aging,  
Disabilities & Veterans Services –  
Morris County Division on Aging,  
Disabilities & Veterans Services -  
973-285-6848**

**Legal Aid - 973-285-6911**

**Family Service of Morris County  
973-538-5260**

**To obtain a Morris County Photo ID card:  
contact Office of the Clerk: 973-285-6160  
or [www.morriscountyclerk.org](http://www.morriscountyclerk.org)**

**NJT Reduced Fare Program – 973-491-7112**

**Attention: Morristown Senior Center  
does not provide transportation**

**(GROCERY SHOPPING)**

**Pick-up: 8:00AM (1½ hour shopping)**

**Please note: only one family member  
per shopping trip and a three (3) bag  
limit. No exceptions!**

**Tuesday and Thursday: Shoprite**

**Wednesday: Acme**

**Reservations required – call 973-292-6690**

**TOWN OF MORRISTOWN**

**DIV. OF AGING/SENIOR CENTER**

**200 SOUTH STREET, P.O. BOX 914**

**MORRISTOWN, NJ 07963-0914**