



Senior Newsletter

Timothy P. Dougherty, Mayor

200 South Street, 3rd Floor, Morristown, NJ 07960

p: 973-292-6690 | f: 973-631-5662 | www.townofmorristown.org

JANUARY/FEBRUARY 2020

2020
HAPPY NEW YEAR

MORRISTOWN COLONIAL COACH

The Colonial Coach is a FREE bus service by the Town of Morristown, consisting of one route operating in and around Morristown, serving Morristown residents, on Mondays, Wednesdays, Fridays, and Saturdays. Daily bus service confirmation: **973-267-2733**. General bus inquiries: **973- 292-6670**.

FLEX & STRETCH

Join us every Tuesday & Friday - 10-11am with Instructor Cora Terzo **FREE!!- JOIN IN THE FUN!!!!**



HOMESHARE PROGRAM

Housing Alternative for Morris County: If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let Home Share bring you together. For more information, call: **908-526-4663**.



AARP SMART DRIVER COURSE

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road and reduce your overall maintenance and car insurance costs. \$15 for AARP members/\$20 non-members – Course given in two sessions on two separate days from 9-12pm each day – **Must complete both sessions**. Next course dates: February 21st and February 28th. Cash, check and money order accepted. No credit or debit cards. Reservations required – call **973-292-6690**.



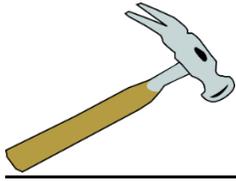
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DOES YOUR HOUSE NEED WORK?

The “Morris County Housing Rehabilitation Program” could be your answer! For more information: Call Wayne Cresta: **973-292- 6709**.

MORRISTOWN 60 PLUS CLUB TRIPS:

- **SPIRIT OF NEW JERSEY CRUISE:** August 21, 2020 (Friday) – 10-3pm Chelsea Lincoln Harbor, Weehawken, NJ – Members: \$85/Non-Members: \$90. Bus leaves 10am sharp.
(PAYMENT DUE: APRIL 28, 2020)
- **WICKED AT THE GERSHWIN THEATER:** 221 W. 51st St., New York, NY. October 21, 2020 (Wednesday) – 2pm-4:45pm – Bus leaves 12pm sharp. Members: \$100/Non-members \$110
(PAYMENT DUE: FEBRUARY 25, 2020-NON REFUNDABLE)

Contact Sandy Shruby (201-877-9217 or Dolores Gibson 973-224-9784

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

1-800-792-8820. SHI provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

AARP TAX COUNSELING

AARP Foundation with the IRS is again providing FREE Income Tax counseling and preparation at the Morristown Senior Center. Counselors will be available on Mondays only, February 3rd through April 13th. Return preparation includes NJ State return and free electronic filing. IMPORTANT: You MUST bring the following items: (1) Photo ID for you and your spouse (if married), (2) Social Security Card for every person on your return, (3) Copy of last year’s Tax Return and supporting documentation, (4) All of your 2019 income documents, and (5) For 1095-A if you purchased insurance from the government insurance marketplace. By appointment only! Call: 973-292-6690 or make an appointment online by going to the Morris County AARP Tax-Aide Program Website (freetaxesmorrisnj.org). Click on the link for Morristown on the right side of the webpage to access the online appointment system. Please note that the online system will not be available until January 20th.



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Morris Habitat for Humanity is offering Seniors of Morris County, NJ a special home repair program that makes accessibility and energy efficiency improvements to enable senior citizens to move around safely inside their homes and complete the routines of daily living. By doing this, the program hopes to help Morris County senior citizens continue to live in their own homes longer and maintain their independence. Examples of work include modifications and improvements such as grab bars, additional handrails or securing handrails on stairs, changing faucets and doorknobs, installing handheld shower heads, weatherization, accessibility improvements, and roof repairs. Costs to homeowner are only for purchased materials and other needed professional services such as electricians, plumbers, etc. Morris Habitat is registered with the State of New Jersey as a home repair contractor. To qualify you must:

- Own and live in your home full-time.
- Age 62 or older, or someone else living in home Age 62 or older.
- Live in Morris County, NJ.
- City and Property taxes current.
- Mortgage current or no mortgage.



CHAIR YOGA FOR SENIORS WITH TISHA

MORRISTOWN SENIOR CENTER, 3RD FLOOR, EVERY OTHER THURSDAY FROM 2:00PM – 3:00PM DATES FEBRUARY 6TH AND 20TH, MARCH 5TH AND 19TH, APRIL 2ND, 16TH, AND 30TH, MAY 7TH, 14TH AND 28TH.

JOIN US – CLASSES ARE **FREE!!**

MORRISTOWN 60 PLUS CLUB

Next meetings of the club will be on January 28th and February 25th at 1:00PM. NEW MEMBERS WELCOME! Minimum age to join is 55 years old. Membership fee required.

FREE BLOOD PRESSURE SCREENING

Every second Tuesday of the month.

Time: 9:15-10:00AM-Senior Center, 3rd Floor. Call 973-796-1975 for more information.



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UPCOMING EVENTS



Monday – January 20th

TOWNHALL BUILDING CLOSED



Monday – February 17th

TOWNHALL BUILDING CLOSED



Morris county Winter Farmers Market

Sundays, December 2, 2019 through March 31, 2020.

10am-1pm

Alexander Hamilton School
24 Mills Street, Morristown, NJ

Plenty of FREE PARKING!



FRIDAY – FEBRUARY 14TH

IMPORTANT NUMBERS

Police (Non-Emergency) - 973-292-6614

Police/ Fire (Emergency) - 911

Property Maintenance - 973-292-6700

(Sidewalk issues)

Veterans Issues - 973-285-6866

MAPS (Medical Transportation) 973-829-8103

(Call at least one week in advance)

Morristown Housing Authority -

VNA House Call Groceries - 973-539-1216

(Volunteers shop. \$5 administrative fee)

New Jersey EASE information Hotline

(1-800-564-4656 - Senior services in Morris County)

Office of Support Services for the Aged

(1-800-792-9745 (Benefit programs including PAAD

and lifetime)

Midday Friendship Center - 973 285-6856 Meals

provided to those over 60 years old

Morristown Partnership - 973-455-1133

Morris County Division on Aging,

Disabilities & Veterans Services -

973-285-6848

Legal Aid - 973-285-6911

Family Service of Morris County

973-538-5260

To obtain a Morris County Photo ID card: contact

Office of the Clerk: 973-285-6160 or

www.morriscountyclerk.org

NJT Reduced Fare Program - 973-491-7112

Attention: Morristown Senior Center does not provide transportation.

(GROCERY SHOPPING - Morristown Residents Only-

Township excluded)- Pick-up: 8:00am (1½ hour

shopping). Please note: only one family member per shopping trip and a three (3) bag limit. No exceptions!

Tuesday and Thursday: Shoprite

Wednesday: Wal-Mart & ACME (upon request)

Reservations required - call 973-292-6690

THE TOWN OF



MORRISTOWN

SENIOR SERVICES

200 SOUTH STREET

MORRISTOWN, NJ 07960