Senior Newsletter

Timothy P. Dougherty, Mayor
200 South Street, 3rd Floor, Morristown, NJ 07960
p: 973-292-6690 | f: 973-631-5662 | www.townofmorristown.org

NOVEMBER/DECEMBER 2019

DIVISION OF HEALTH 2019 SENIOR CITIZEN FLU CLINIC

Health Department, 2nd Floor, Room 212, 200 South Street. Free with Medicare Part B (bring Medicare card). $15 all others. **Call 973-796-1975**.

MORRISTOWN COLONIAL COACH

The Colonial Coach is a FREE bus service by the Town of Morristown, consisting of one route operating in and around Morristown, serving Morristown residents, on Mondays, Wednesdays, Fridays, and Saturdays. Daily bus service confirmation: **973-267-2733**. General bus inquiries: **973- 292-6670.**

FLEX & STRETCH

Join us every Tuesday & Friday - 10-11am with Instructor Cora Terzo **FREE!!- JOIN IN THE FUN!!!!**

HOMESHARE PROGRAM

Housing Alternative for Morris County: If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let Home Share bring you together. For more information, call: **908-526-4663**.

NEW AARP SMART DRIVER COURSE

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road and reduce your overall maintenance and car insurance costs. $20 for AARP members/$25 non-members – Course given in two sessions on two separate days from 9-12pm each day – **Must complete both sessions**. Next course dates: February 20th and February 27th. Cash, check and money order accepted. No credit or debit cards. Reservations required – call **973-292-6690**.

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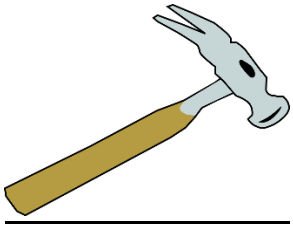
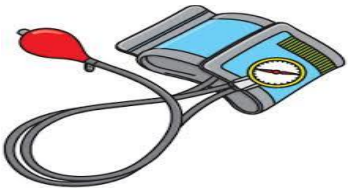


DOES YOUR HOUSE NEED WORK?

The "Morris County Housing Rehabilitation Program" could be your answer! For more information: Call Wayne Cresta: **973-292- 6709.**

MORRISTOWN 60 PLUS CLUB

Next meetings of the club will be on November 19th and December 17th at 1:00PM. NEW MEMBERS WELCOME! Minimum age to join is 55 years old. Membership fee required.



FREE BLOOD PRESSURE SCREENING

Every second Tuesday of the month.

Time: 9:15-10:00AM-Senior Center, 3rd Floor.

Call 973-796-1975 for more information.

DAYLIGHT SAVING ENDS

NOVEMBER 3, 2019

MORRISTOWN 60 PLUS CLUB BUS TRIP:

Holiday Musical Show, Hunterdon Hills Playhouse, Monday, November 18, 2019 11:30am-2pm. Bus leaves from Town Hall Parking Lot, 200 South Street 10:30am sharp. Members $80/Non-Members $85. Monies due by October 22nd. Tickets Non-Refundable. Trip includes transportation, meal and show. Cash bar available. For more information call Sandra Shruby at 201-877-9217 or Dolores Gibson at 973-224-9783.

THE TOWN OF MORRISTOWN

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Morris Habitat for Humanity®

Morris Habitat for Humanity is offering Seniors of Morris County, NJ a special home repair program that makes accessibility and energy efficiency improvements to enable senior citizens to move around safely inside their homes and complete the routines of daily living. By doing this, the program hopes to help Morris County senior citizens continue to live in their own homes longer and maintain their independence. Examples of work include modifications and improvements such as grab bars, additional handrails or securing handrails on stairs, changing faucets and doorknobs, installing handheld shower heads, weatherization, accessibility improvements, and roof repairs. Costs to homeowner are only for purchased materials and other needed professional services such as electricians, plumbers, etc. Morris Habitat is registered with the State of New Jersey as a home repair contractor. To qualify you must:

- Own and live in your home full-time.
- Age 62 or older, or someone else living in home Age 62 or older.
- Live in Morris County, NJ.
- City and Property taxes current.
- Mortgage current or no mortgage.

CHAIR YOGA FOR SENIORS WITH JILLIAN

MORRISTOWN SENIOR CENTER, 3RD FLOOR, EVERY OTHER TUESDAY FROM 11:15AM – 12:15PM DATES NOVEMBER 4TH AND 18TH, DECEMBER 2nd, 16th AND 30TH.

JOIN US – CLASSES ARE **FREE**!!

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NOVEMBER/DECEMBER 2019

UPCOMING EVENTS

Monday – November 11th

TOWNHALL BUILDING CLOSED

ELECTION DAY

Tuesday – November 5th

TOWNHALL BUILDING CLOSED

HAPPY THANKSGIVING!!!!!!

Thursday – November 28TH

TOWNHALL BUILDING CLOSED – NOVEMBER 28TH & 29TH

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NOVEMBER/DECEMBER 2019

MAYOR'S ANNUAL SENIOR HOLIDAY PARTY

Wednesday – December 11, 2019
12:00pm – 3:00pm
Morristown Senior Center
200 South Street, 3rd Floor
Morristown, NJ 07960

Christmas Festival AT THE MORRISTOWN GREEN

Christmas Festival at the Morristown Green

Sunday, December 1st through Sunday December 23rd

CHRISTMAS DAY

Wednesday – December 25th

TOWNHALL BUILDING CLOSED

THE TOWN OF MORRISTOWN

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NOVEMBER/DECEMBER 2019

IMPORTANT NUMBERS

Police (Non-Emergency) - 973-292-6614
Police/ Fire (Emergency) - 911
Property Maintenance - 973-292-6700
(Sidewalk issues)
Veterans Issues - 973-285-6866
MAPS (Medical Transportation) 973-829-8103
(Call at least one week in advance)
Morristown Housing Authority –
VNA House Call Groceries – 973-539-1216
(Volunteers shop. $5 administrative fee)
New Jersey EASE information Hotline
(1-800-564-4656 – Senior services in Morris County)
Office of Support Services for the Aged
(1-800-792-9745 (Benefit programs including PAAD and lifetime)
Midday Friendship Center – 973 285-6856 Meals provided to those over 60 years old
Morristown Partnership – 973-455-1133
Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848

Legal Aid - 973-285-6911
Family Service of Morris County
973-538-5260
To obtain a Morris County Photo ID card: contact Office of the Clerk: 973-285-6160 or www.morriscountyclerk.org
NJT Reduced Fare Program – 973-491-7112
Attention: Morristown Senior Center does not provide transportation.
(GROCERY SHOPPING – Morristown Residents Only- Township excluded)- Pick-up: 8:00am (1½ hour shopping). Please note: only one family member per shopping trip and a three (3) bag limit. No exceptions!
Tuesday and Thursday: Shoprite
Wednesday: Wal-Mart (upon request)
Reservations required – call 973-292-6690

TOWN OF MORRISTOWN
SENIOR SERVICES
200 SOUTH STREET
MORRISTOWN, NJ 07960