

MORRISTOWN SENIOR NEWSLETTER



JANUARY/FEBRUARY 2018

Timothy Dougherty, Mayor

Publication of the Morristown Senior Center

200 South Street, 3rd Floor

Morristown, NJ 07960

Phone: 973-292-6690 – Fax: 973-631-5662

2018

**HAPPY NEW YEAR
Monday - January 1st
(Building Closed)**

AARP TAX COUNSELING

AARP Foundation with the IRS is again providing FREE Income Tax counseling and preparation at the Morristown Senior Center. Counselors will be available on Mondays only, February 5th through April 16th. Return preparation includes NJ State return and free electronic filing.

IMPORTANT: You MUST bring the following items: (1) Photo ID for you and your spouse (if married), (2) Social Security Card for every person on your return, (3) Copy of last year's Tax Return and supporting documentation, (4) All of your 2016 income documents, and (5) Evidence of Health Insurance Coverage, including Form 1095-A if you purchased insurance from the government insurance marketplace. By appointment only! Call: 973-292-6690, or make an appointment online by going to the Morris County AARP Tax-Aide Program Website (freetaxesmorrisonj.wordpress.com). Click on the link for Morristown on the right site of the webpage to access the online appointment system. Please note that the online system will not be available to accept applications until mid-January.

NEW AARP SMART DRIVER COURSE

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road, and reduce your overall maintenance and car insurance costs. \$15 for AARP members/\$20 non-members – Course given in two sessions on two separate days from 9-12pm each day – Must complete both sessions. Next course dates: Thursday, February 15th and 22nd - cash, checks and money order accepted. No credit or debit cards. Reservations required – call 973-292-6690.



HIDDEN GEMS IN YOUR LOCAL SUPERMARKET

Is your grocery list always the same? Do you feel as though you need some food inspiration? Join Monica Hansen, ShopRite of Greater Morristown's in-store Registered Dietitian, to learn about (and try a few!) products that she loves in the store that one might miss out on if they aren't looking in the right place. Eating should be about enjoyment, so let's climb the food boredom barrier together!" Join us at the Senior Center, Wednesday, February 7th at 10:30am.

MORRISTOWN 60 PLUS CLUB

Next meetings January 23rd and February 27th from 1:00-2:00pm. **NEW MEMBERS WELCOME!** (Minimum age to join is 55 years old – Membership fee required).

TRIVIA QUESTIONS

- When did the Liberty Bell get its name?
 - when it was made, in 1701
 - when it rang on July 4, 1776
 - in the 19th century, when it became a symbol of the abolition of slavery
 - none of the above
- In the Roy Rogers -Dale Evans Museum, you will find Roy and Dales stuffed horses. Roy's horse was named Trigger, which was Dale's horse?
 - Buttermilk
 - Daisy
 - Scout
 - Tulip
- The Daniel Boone museum at the home where he died can best be described how?
 - a log cabin in Kentucky
 - a two-story clapboard house in Tennessee
 - a four-story Georgian-style home in Missouri
 - a three-story brick house in Arkansas
- The first black American pictured on a U.S. postage stamp was who?
 - Frederick Douglass
 - Booker T. Washington
 - Louis Armstrong
 - Joe Louis
- What did the "D" in "D-Day" stand for?
 - Doom
 - Day
 - Dwight (Eisenhower)
 - Dunkirk
- J. Edgar Hoover, what did the J stand for?
 - James
 - John
 - Joseph
- The Philadelphia mint started putting a "p" mint mark on quarters when?
 - 1960
 - 1980
 - Never
- Before becoming George Bush's Secretary of State of Defense, what was Dicky Cheney's position?
 - Congressman from Wyoming
 - Governor of New Hampshire
 - Secretary of defense under Ronald Reagan
- Florence Nightingale became known as "the Lady With the Lamp" during which war?
 - American Civil War
 - Crimean War
 - World War I
- What year did the penny start having Lincoln's face on it?
 - 1898
 - 1897
 - 1909

SENIORGUIDANCE.ORG

Helping seniors during most difficult times. SeniorGuidance.org provides comprehensive resources on various senior living options, including: assisted living facilities, senior living communities, nursing homes, independent living communities, continuing care retirement communities (CCRC) and all other long term senior care options, including memory care such as Alzheimer's or Dementia. Further information email at: www.seniorguidance.org

The COLONIAL COACH is a free transportation service for MORRISTOWN RESIDENTS. Bus operates Monday, Wednesday and Friday, 8am-2pm. Saturday, 9am-12pm. Call 973-267-2733 for confirmation of bus service. For specific questions, please call: 973-292-6670 or go to: www.townofmorristown.org

BRIDGE CLUB

Monday and Thursday - 12:30-3:30pm
NEW MEMBERS WELCOME!!!

FREE BLOOD PRESSURE

Every second Friday of the month.
Time: 9:15-10:00AM – Morristown Senior Center, 3rd Floor – Call 973-796-1975 for further information.



**Monday - January 15th
(Building Closed)**



FLEX & STRETCH

Join us every Tuesday & Friday
10-11am with Instructor Cora
CLASSES FREE! JOIN IN THE FUN!!!!

TRIVIA ANSWERS

1. C.
2. A.
3. C.
4. D.
5. B.
6. B.
7. B.
8. A.
9. B.
10. C.



**Monday – February 19th
(Building Closed)**

Morristown Senior Center
gratefully acknowledges the
many donations received from
the community.

**THANK YOU TO OUR
VOLUNTEERS**

Collators of the November/December 2017
Newsletter

WISH LIST

Times are lean for us too!!!

The Senior Center can use the following
items:

- Packaged pastries, cookies and candy
- Coffee and coffee creamer
- Office supplies or just surprise us



OPENING DAY – December 3, 2017
10am-2pm – Alexander Hamilton School
24 Mills Street, Morristown, NJ
(908) 362-7967

MORRISTOWN online web-sites

For local news and events visit

<https://www.morristown.patch.com>

<https://www.morristowngreen.com>

<https://www.Morristownpartnership.org>

TOWN OF MORRISTOWN “website”

<https://www.townofmorristown.org>

SPECIAL THANKS TO THE
TOWN OF MORRISTOWN STAFF,
VOLUNTEERS, AND BUSINESS
ESTABLISHMENTS FOR THE
SUCCESS OF THE MAYOR'S
ANNUAL SENIOR HOLIDAY
PARTY OF 2017.

**Happy
Valentine's
Day**

WEDNESDAY – FEBRUARY 14TH

IMPORTANT PHONE NUMBERS

Town Information – 973-292-6600
Police (Non-Emergency) - 973-292-6614
Police/ Fire (Emergency) - 911
Property Maintenance - 973-292-6700
(Sidewalk issues)
Veterans Issues - 973-285-6866
MAPS (Medical Transportation) 973-829-8103
(Call at least one week in advance)
Morristown Housing Authority
973-538-6343
VNA House Call Groceries – 973-539-1216
(Volunteers shop. \$5 administrative fee)
New Jersey EASE information Hotline
(1-800-564-4656 – Senior services in Morris County)
Office of Support Services for the Aged
(1-800-792-9745 (Benefit programs including PAAD and lifetime)
Midday Friendship Center – 973 285-6856
(Meals provided to those over 60)
Morristown Partnership – 973-455-1133

Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848
Legal Aid - 973-285-6911
Family Service of Morris County 973-538-5260
To obtain a Morris County Photo ID card: contact Office of the Clerk: 973-285-6160 or www.morriscountyclerk.org
NJT Reduced Fare Program – 973-491-7112
Attention: Morristown Senior Center does not provide transportation.

(GROCERY SHOPPING – Morristown Residents Only) - Pick-up: 8:00am (one-hour shopping). Please note: only one family member per shopping trip and three (3) bag limit. No exceptions!
Tuesday and Thursday: Shoprite
Wednesday: Acme
Reservations required - call 973-292-6690

TOWN OF MORRISTOWN
DIV. OF AGING/SENIOR CENTER
200 SOUTH STREET, P.O. BOX 914
MORRISTOWN, NJ 07963-0914