

# MORRISTOWN SENIOR NEWSLETTER



## JANUARY/FEBRUARY 2019

*Timothy Dougherty, Mayor*

*Publication of the Morristown Senior Center*

*200 South Street, 3<sup>rd</sup> Floor*

*Morristown, NJ 07960*

*Phone: 973-292-6690 – Fax: 973-631-5662*



**Tuesday - January 1<sup>st</sup>  
(Building Closed)**

### **NEW AARP SMART DRIVER COURSE**

Learn defensive driving techniques and evidenced-based strategies to keep you safe on the road and reduce your overall maintenance and car insurance costs. \$15 for AARP members/\$20 non-members – Course given in two sessions on two separate days from 9-12pm each day – Must complete both sessions. Next course dates: Thursday, February 21<sup>st</sup> and 28<sup>th</sup> - cash, checks and money order accepted. No credit or debit cards. Reservations required – call 973-292-6690.



**Monday - January 21<sup>st</sup>  
(Building Closed)**

### **AARP TAX COUNSELING**

AARP Foundation with the IRS is again providing FREE Income Tax counseling and preparation at the Morristown Senior Center. Counselors will be available on Mondays only, February 4th through April 15th. Return preparation includes NJ State return and free electronic filing.

**IMPORTANT: You MUST bring the following items: (1) Photo ID for you and your spouse (if married), (2) Social Security Card for every person on your return, (3) Copy of last year's Tax Return and supporting documentation, (4) All of your 2018 income documents, and (5) Evidence of Health Insurance Coverage, including Form 1095-A if you purchased insurance from the government insurance marketplace. By appointment only! Call: 973-292-6690 or make an appointment online by going to the Morris County AARP Tax-Aide Program Website ([freetaxsmorrisnj.wordpress.com](http://freetaxsmorrisnj.wordpress.com)).**

Click on the link for Morristown on the right site of the webpage to access the online appointment system. Please note that the online system will not be available until January 21<sup>st</sup>.

**MORRISTOWN 60 PLUS CLUB BUS TRIP**

Motown Review Show, Hunterdon Hills Playhouse, Sunday, February 24, 2019. 2:00PM-4:00PM. Bus leaves from Town Hall Parking Lot, 200 South Street. Members \$80, Non-Members \$85. Trip includes transportation, meal and show. Cash bar available. Payments and installments accepted. Full payment due January 22, 2019. Contact Sandra Shrubby, 201-887-9217 or Dolores Gibson, 973- 224-9784 for further information.

**STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)**

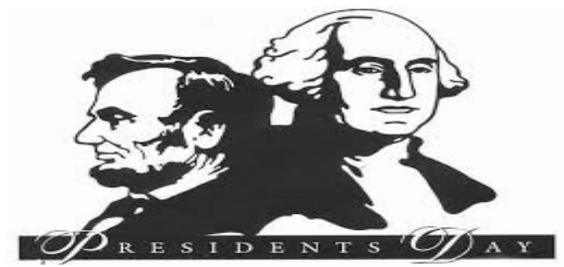
1-800-792-8820. SHIP provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.

**NEW CLASS:**

Chair Yoga for Seniors every other Tuesday, starting January 29, 2019, 11:15am-12:15pm, Senior Center.

**BRIDGE CLUB**

Monday and Thursday - 12:30-3:30pm  
**NEW MEMBERS WELCOME!!!**



**Monday – February 18<sup>th</sup>  
(Building Closed)**

**MORRISTOWN 60 PLUS CLUB**

Next meetings January 22<sup>nd</sup> and February 19<sup>th</sup> from 1:00-2:00pm. **NEW MEMBERS WELCOME!** (Minimum age to join is 55 years old – Membership fee required).

**FREE BLOOD PRESSURE**

Every third Friday of the month.  
Time: 9:15-10:00AM – Morristown Senior Center, 3<sup>rd</sup> Floor – Call 973-796-1975 for further information.

**FLEX & STRETCH**



Join us every Tuesday & Friday  
10-11am with Instructor Cora  
**CLASSES FREE! JOIN IN THE FUN!!!!**

The Colonial Coach is a **FREE** bus service by the Town of Morristown, consisting of one route operating in and around Morristown, serving Morristown residents, on Mondays, Wednesdays, Fridays, and Saturdays. Daily bus service confirmation: 973-267-2733. General bus inquiries: 973-292-6670

## **DOES YOUR HOUSE NEED WORK?**

The “Morris County Housing Rehabilitation Program.” Could be your answer! Contact Wayne Cresta: 973-292-6709 for more information.

**Morristown Senior Center gratefully acknowledges the many donations received from the community.**



**Morris County Winter Farmers' Market**  
Sundays, December 2, through March 31,  
2019. 10 am – 1 pm Alexander Hamilton  
School, 24 Mills Street, Morristown, NJ.  
Plenty of Free Parking!

**Happy Valentine's Day**

**THURSDAY – FEBRUARY 14<sup>TH</sup>**

### **HOMESHARE**

#### **Housing Alternative for Morris County**

If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let HomeShare bring you together. For more information call: 908-526-4663 or go to [www.homesharing.org](http://www.homesharing.org)

#### **MORRISTOWN online web-sites**

**For local news and events visit**

**<https://www.morristown.patch.com>**

**<https://www.morristowngreen.com>**

**<https://www.Morristownpartnership.org>**

**TOWN OF MORRISTOWN “website”**

**<https://www.townofmorristown.org>**

**SPECIAL THANKS TO THE  
TOWN OF MORRISTOWN STAFF,  
VOLUNTEERS, AND BUSINESS  
ESTABLISHMENTS FOR THE  
SUCCESS OF THE MAYOR'S  
ANNUAL SENIOR HOLIDAY  
PARTY OF 2018.**

### **MORRIS HABITAT FOR HUMANITY AGING IN PLACE PROGRAM**

Morris Habitat for Humanity is offering Seniors of Morris County, NJ a special home repair program that makes accessibility and energy efficiency improvements to enable senior citizens to move around safely inside their homes and complete the routines of daily living. By doing this, the program hopes to help Morris County senior citizens continue to live in their own homes longer and maintain their independence. Examples of work include modifications and improvements such as grab bars, additional handrails or securing handrails on stairs, changing faucets and door knobs, installing hand-held shower heads, weatherization, accessibility improvements, and roof repairs. Costs to homeowner are only for purchased materials and other needed professional services such as electricians, plumbers, etc. Morris Habitat is registered with State of New Jersey as a home repair contractor. To qualify you must:

- Own and live in your home full-time
- Age 62 or older or someone else living in home age 62 or older.
- Live in Morris County, NJ.
- City and Property taxes current.
- Mortgage current or no mortgage.
- Meet income guidelines for program.
- Homeowners insurance in place and current.

To apply call Morris Habitat for Humanity at 973-891-1934 or email:

**[home.repair@morrishabitat.org](mailto:home.repair@morrishabitat.org)**

**IMPORTANT PHONE NUMBERS**

**Town Information – 973-292-6600**  
**Police (Non-Emergency) - 973-292-6614**  
**Police/ Fire (Emergency) - 911**  
**Property Maintenance - 973-292-6700**  
**(Sidewalk issues)**  
**Veterans Issues - 973-285-6866**  
**MAPS (Medical Transportation) 973-829-8103**  
**(Call at least one week in advance)**  
**Morristown Housing Authority**  
**973-538-6343**  
**VNA House Call Groceries – 973-539-1216**  
**(Volunteers shop. \$5 administrative fee)**  
**New Jersey EASE information Hotline**  
**(1-800-564-4656 – Senior services in Morris County)**  
**Office of Support Services for the Aged**  
**(1-800-792-9745 (Benefit programs including PAAD and lifetime)**  
**Midday Friendship Center – 973 285-6856**  
**(Meals provided to those over 60)**  
**Morristown Partnership – 973-455-1133**

**Morris County Division on Aging, Disabilities & Veterans Services – 973-285-6848**  
**Legal Aid - 973-285-6911**  
**Family Service of Morris County 973-538-5260**  
**To obtain a Morris County Photo ID card: contact Office of the Clerk: 973-285-6160 or [www.morriscountyclerk.org](http://www.morriscountyclerk.org)**  
**NJT Reduced Fare Program – 973-491-7112**  
**Attention: Morristown Senior Center does not provide transportation.**

**(GROCERY SHOPPING – Morristown Residents Only – Morristown Township excluded) - Pick-up: 8:00am (1½ hour shopping). Please note: only one family member per shopping trip and three (3) bag limit. No exceptions!**  
**Tuesday and Thursday: Shoprite**  
**Wednesday: Walmart or Acme (upon request)**  
**Please call to determine eligibility and reservations at 973-292-6690.**

**TOWN OF MORRISTOWN**  
**DIV. OF AGING/SENIOR CENTER**  
**200 SOUTH STREET, P.O. BOX 914**  
**MORRISTOWN, NJ 07963-0914**