



Senior Newsletter

Timothy P. Dougherty, Mayor

200 South Street, 3rd Floor, Morristown, NJ 07960

p: 973-292-6690 | f: 973-631-5662 | www.townofmorristown.org

FALL 2020 1ST EDITION

COLONIAL COACH IS BACK!



The Colonial Coach Bus will resume effective **October 5, 2020** with a revised route.

Special guidelines:

- Masks are required at all times
- Distancing of seats will be strictly enforced
- Riders can not be sick, have any Covid-19 symptoms or have been exposed to anyone with Covid-19

Please see the revised route on the next page. For questions or concerns, please contact the Senior Center at 973-292-6690 or the Public Works Dept. at 973-292-6670.



SENIOR SERVICES

200 SOUTH STREET

MORRISTOWN, NJ 07960



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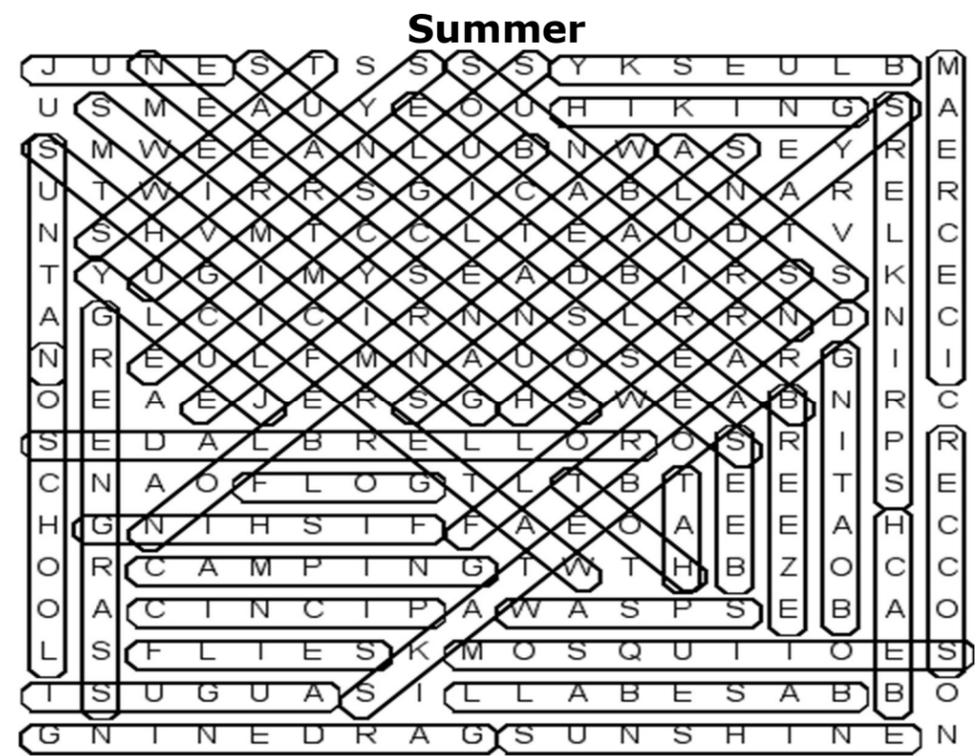
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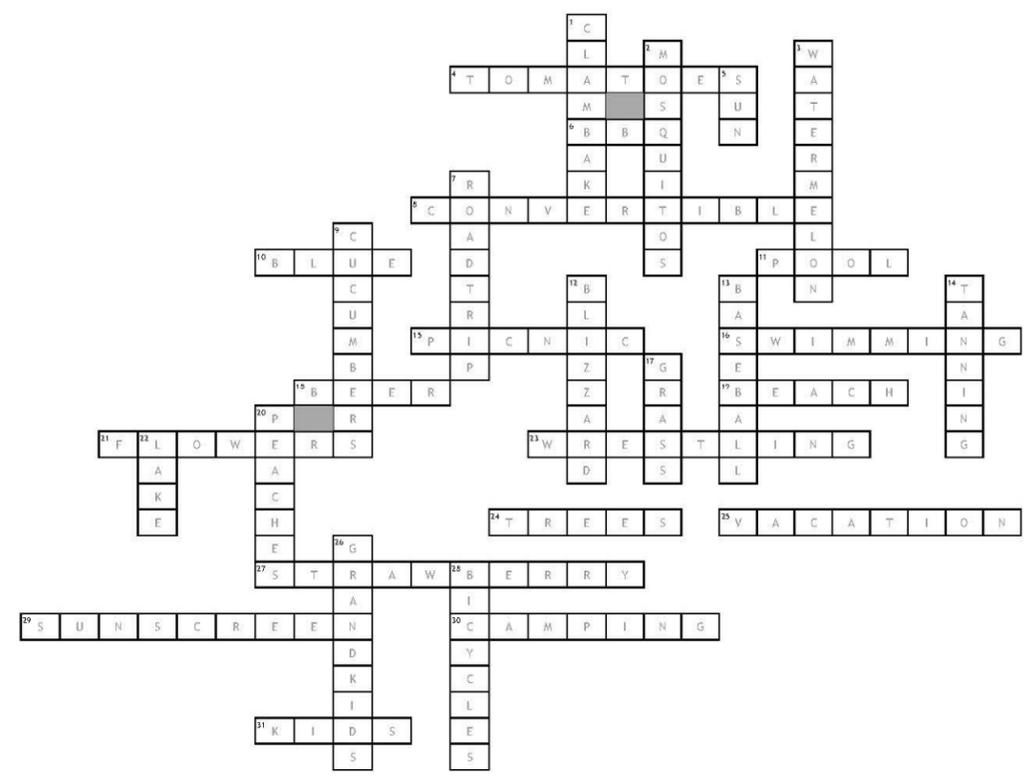
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ANSWER TO LAST WORD FIND:

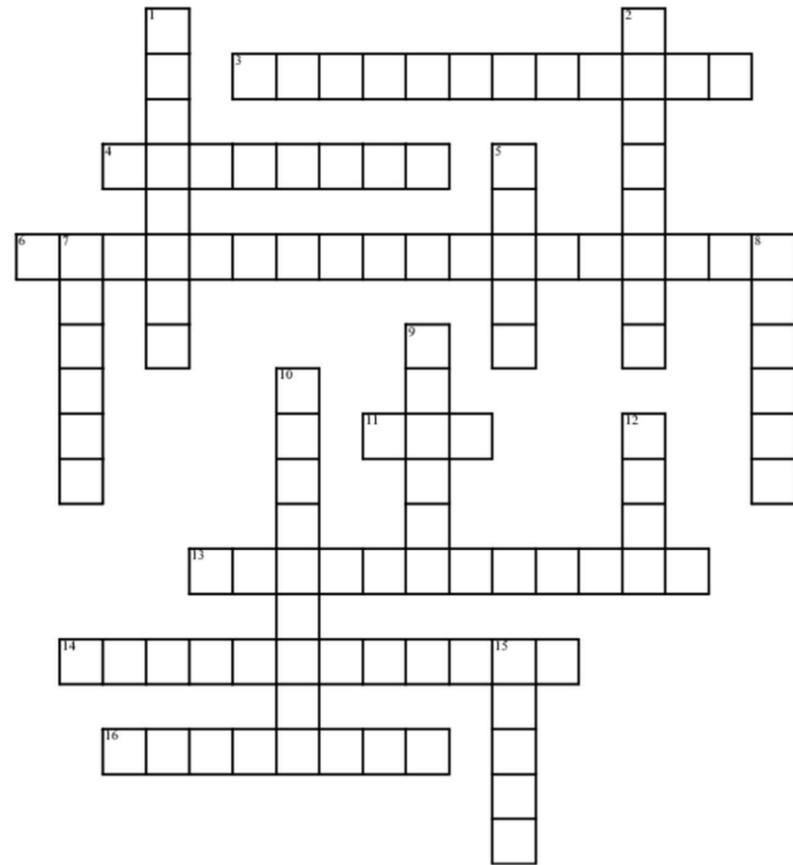


ANSWER TO LAST CROSSWORD:



Town of Morristown						
2020 COLONIAL COACH						
Monday-Wednesday-Friday			Saturday: 9AM-12PM			
LOOPS All Day			9AM, 10AM, Final Run 2PM			
9AM-3PM			Completed by 3PM			
Completed by 3PM			12/22/17			
For Bus information call 973-267-2733 after 9:00am						
	1st. Run time	2nd run time	3rd run time	4th run time	5th run time	
Headquarters Plaza on Speedwell Avenue	9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM
Speedwell Ave & Flagler St.	9:03 AM	10:03 AM	11:03 AM	12:03 PM	1:03 PM	2:03 PM
Walker Ave. & Speedwell Ave.	9:05 AM	10:05 AM	11:05 AM	12:05 PM	1:05 PM	2:05 PM
Mills St. & Walker Ave.	9:07 AM	10:07 AM	11:07 AM	12:07 PM	1:07 PM	2:07 PM
Mills St. & Sussex Ave.	9:08 AM	10:08 AM	11:08 AM	12:08 PM	1:08 PM	2:08 PM
Mills St. & Early St.	9:09 AM	10:09 AM	11:09 AM	12:09 PM	1:09 PM	2:09 PM
Early St. (Morristown High)	9:10 AM	10:10 AM	11:10 AM	12:10 PM	1:10 PM	2:10 PM
31-39 Early St.	9:10 AM	10:10 AM	11:10 AM	12:10 PM	1:10 PM	2:10 PM
Early St. & Mills St.	9:11 AM	10:11 AM	11:11 AM	12:11 PM	1:11 PM	2:11 PM
Mills St. & Washington St.	9:12 AM	10:12 AM	11:12 AM	12:12 PM	1:12 PM	2:12 PM
Washington St. (Whole Foods)	9:13 AM	10:13 AM	11:13 AM	12:13 PM	1:13 PM	2:13 PM
Washington St & Schuyler Place	9:14 AM	10:14 AM	11:14 AM	12:14 PM	1:14 PM	2:14 PM
Schuyler Pl. & Ann St.	9:15 AM	10:15 AM	11:15 AM	12:15 PM	1:15 PM	2:15 PM
Ann St. & Mt. Kemble Ave.	9:16 AM	10:16 AM	11:16 AM	12:16 PM	1:16 PM	2:16 PM
Mt. Kemble Ave & Macculloch Ave.	9:16 AM	10:16 AM	11:16 AM	12:16 PM	1:16 PM	2:16 PM
Macculloch Ave. & Miller Rd.	9:17 AM	10:17 AM	11:17 AM	12:17 PM	1:16 PM	2:16 PM
Miller Rd. & South St. (Town/Twp. Library)	9:18 AM	10:18AM	11:18 AM	12:18 PM	1:18 PM	2:18 PM
South St. (Kings & Town Hall Front)	9:20 AM	10:20 AM	11:20 AM	12:20 PM	1:20 PM	2:20 PM
South St. & Madison Ave.	9:22 AM	10:22 AM	11:22 AM	12:22 PM	1:22 PM	2:22 PM
Madison Ave. (Hospital Front)	9:24 AM	10:24 AM	11:24 AM	12:24 PM	1:24 PM	2:24 PM
Madison Ave. & Franklin St.	9:25 AM	10:25 AM	11:25 AM	12:25 PM	1:25 PM	2:25 PM
Franklin St. & Mellon Pl. (Hospital Rear)	9:26 AM	10:26 AM	11:26 AM	12:26 PM	1:26 PM	2:26 PM
Franklin St. (Town Hall Rear- Street)	9:28 AM	10:28 AM	11:28 AM	12:28 PM	1:28 PM	2:28 PM
Franklin St. & Elm St.	9:29 AM	10:29 AM	11:29 AM	12:29 PM	1:29 PM	2:29 PM
Elm St. & Hill St.	9:30 AM	10:30 AM	11:30 AM	12:30 PM	1:30 PM	2:30 PM
Hill St. & Ford Ave.	9:32 AM	10:32 AM	11:32 AM	12:32 PM	1:32 PM	2:32 PM
Ford Ave. & Morris Ave.	9:34 AM	10:34 AM	11:34 AM	12:34 PM	1:34 PM	2:34 PM
Morris Ave. & Ridgedale Ave.	9:36 AM	10:36 AM	11:36 AM	12:36 PM	1:36 PM	2:36 PM
Ridgedale Ave. & W. Hanover Ave.	9:40 AM	10:40 AM	11:40 AM	12:40 PM	1:40 PM	2:40 PM
Cedar Knolls Plaza arrive	9:42 AM	10:42 AM	11:42 AM	12:42 PM	1:42 PM	2:42 PM
(Walmart) depart	9:45 AM	10:45 AM	11:45 AM	12:45 PM	1:45 PM	2:45 PM
Ridgedale Ave. & T.J. MAX entrance	9:47 AM	10:47 AM	11:47 AM	12:47 PM	1:47 PM	2:47 PM
Shop Rite	9:49 AM	10:49 AM	11:49 AM	12:49 PM	1:49 PM	2:49 PM
MLK Ave. & E Hanover Ave.	9:52 AM	10:52 AM	11:52 AM	12:52 PM	1:52 PM	2:52 PM
MLK & Abbett Ave.	9:53 AM	10:53 AM	11:53 AM	12:53 PM	1:53 PM	2:53 PM
MLK & Flagler St.	9:54 AM	10:54 AM	11:54 AM	12:54 PM	1:54 PM	2:54 PM
MLK Ave. & Spring St.	9:55 AM	10:55 AM	11:55 AM	12:55 PM	1:55 PM	2:55 PM
Morris St. & Wilmot St.. Lot exit on Morris St.	9:56 AM	10:56 AM	11:56 AM	12:56 PM	1:56 PM	2:56 PM
Parking lot . & Dumont Pl.	9:57 AM	10:57 AM	11:57 AM	12:57 PM	1:57 PM	2:57 PM
Dumont Pl. & E. Park Place	9:58 AM	10:58 AM	11:58 AM	12:58 PM	1:58 PM	2:58 PM
Headquarters Plaza on Speedwell Avenue	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM

Autumn Crossword Puzzle



Across

- 3. Vampire-themed chocolate breakfast cereal that is available only around Halloween
- 4. You get bad luck if this crosses your path
- 6. The date of October's final holiday
- 11. The flying mammal that haunts the night
- 13. Holiday that commemorates the union between the Pilgrims and Native Americans
- 14. An extremely popular coffee flavor that is often for sale around Fall
- 16. This thing is spooky, scary, and will send shivers down your SPINE

Down

- 1. The only time a werewolf transforms
- 2. People often gouge creepy faces into the sides of these
- 5. This frightening critter has a creepy smile, a cackling laugh, and flies on a broomstick
- 7. These creepy individuals decided to dress up for Halloween early, and stalk the streets of our nation
- 8. The main dish of a Thanksgiving meal
- 9. In the Autumn season, I like to jump into hug piles of (BLANK)
- 10. A vampire's favorite fruit
- 12. An activity many do in Autumn is navigate a maze made of (BLANK)
- 15. A most popular hot fruit drink during the chilly season



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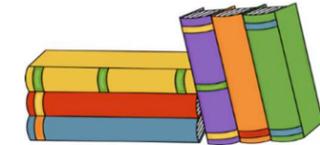
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Morris Habitat for Humanity is offering Seniors of Morris County, NJ a special home repair program that makes accessibility and energy efficiency improvements to enable senior citizens to move around safely inside their homes and complete the routines of daily living. By doing this, the program hopes to help Morris County senior citizens continue to live in their own homes longer and maintain their independence. Examples of work include modifications and improvements such as grab bars, additional handrails or securing handrails on stairs, changing faucets and doorknobs, installing handheld shower heads, weatherization, accessibility improvements, and roof repairs. Costs to homeowner are only for purchased materials and other needed professional services such as electricians, plumbers, etc. Morris Habitat is registered with the State of New Jersey as a home repair contractor. To qualify you must:

- Own and live in your home full-time.
- Age 62 or older, or someone else living in home Age 62 or older.
- Live in Morris County, NJ.
- City and Property taxes current.
- Mortgage current or no mortgage. For more information contact Richard. B. Cooke at 845-797-2213 or rich.cooke@morrihabit.com



The Morristown & Morris Township Library is offering the below programs for Seniors! If you are interested and would like to sign up, please contact the Senior Center at 973-292-6690.

- **Curbside book pick-up**-For more information, contact the library at 973-538-6161.
- **Weekly Bookmobile Service**-mobile library service at all Senior Housing locations to provide book borrowing.
- **Outdoor book club meetings**- Meetings to be held on the library lawn.



JUNE 21, 2020 through NOVEMBER 22, 2020

SUNDAYS – 8:30AM – 2:00PM

WILMOT WALK – PARKING LOT 10J



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PLEASE ENJOY A WORD FIND & CROSSWORD PUZZLE!!!!

answers in November/December newsletter

Autumn

Find and circle all of the Autumn words that are hidden in the grid. The remaining letters spell a secret message - an Albert Camus quotation.

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L O N G E R N I G H T S N A A U C N
T O R U E S T U N Y R O K C I H R I
M S O A Y Q E N I S I A O T R W O K
R C Y H N E U V S T E R F H E O P P
C E A A C G K I A S N O A A B R S M
K N D N D S E R N E D S R N M C O U
S C Y L N R G L U O L P M K E E C P
Q R A K E I E R E T X G I S V R T S
U Y D T M A N T S A E F N G O A O E
A D Y D S I V G R T V S G I N C B P
S N R N G Y W E H O E E N V W S E T
H I E L P P A E S P H A S I V O R E
B W T Y L L I H C T E S P N R F L M
F T S E V R A H Y E L O I G C R E B
A A U H A L L O W E E N E F I O S E
A F L S E V A E L W O L L E Y S L R
L O B L W E C H E S T N U T S T R D

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- | | | | |
|----------------|---------------|---------------|----------------|
| ACORN | EQUINOX | NOVEMBER | SEPTEMBER |
| APPLE | FALL | OCTOBER | SHORTER DAYS |
| BIRD MIGRATION | FARMING | ORANGE LEAVES | SQUASH |
| BLOWING LEAVES | FEAST | PIE | SWEET POTATOES |
| BLUSTERY DAY | FROST | PUMPKIN | THANKSGIVING |
| CANNING | HALLOWEEN | RAKE | TURKEY |
| CHESTNUTS | HARVEST | RED LEAVES | WINDY |
| CHILLY | HAYSTACK | SCARECROW | YELLOW LEAVES |
| COLD | HICKORY NUTS | SCHOOL | |
| CROPS | LONGER NIGHTS | SEASON | |



BE A PEN PAL!

The Senior Center is offering a Pen Pal program that will provide the opportunity to meet someone new and share stories. If you interested in being paired with a pen pal, please contact Ruby Green at 973-292-6690.



MORRIS COUNTY OLDER AMERICANS ACT NUTRITION PROGRAM!

This program offers home-delivered meals to individuals that are homebound, isolated and 60 yrs or older in age. To sign up you must contact Rhea Young in the Nutrition Dept., at 973-285-6857 or ryoung@co.morris.nj.us.



PUMPKIN PAINTING!

Come enjoy the fall season by painting a pumpkin!

OCTOBER 14TH 12PM

Town Hall, 3rd Fl., Senior Center, Registration required.

Please call 973-292-6627

MASKS REQUIRED



QUESTIONS FOR MAYOR DOUGHERTY!

In the current times where an in-person coffee or event are not wise, The Mayor would love to hear from the Seniors, answer any questions address any issues and/or concerns! Please call the Senior Center at 973-292-6690 to leave a specific question for the Mayor.

IMPORTANT NUMBERS

Police (Non-Emergency) - 973-292-6614

Police/ Fire (Emergency) - 911

Property Maintenance - 973-292-6700

(Sidewalk issues)

Veterans Issues - 973-285-6866

MAPS (Medical Transportation) 973-829-8103

(Call at least one week in advance)

Morristown Housing Authority -

VNA House Call Groceries - 973-539-1216

(Volunteers shop. \$5 administrative fee)

New Jersey EASE information Hotline

(1-800-564-4656 - Senior services in Morris County)

Office of Support Services for the Aged

(1-800-792-9745 (Benefit programs including PAAD and lifetime)

Midday Friendship Center - 973 285-6856 Meals

provided to those over 60 years old

Morristown Partnership - 973-455-1133

Morris County Division on Aging,

Disabilities & Veterans Services -

973-285-6848

Legal Aid - 973-285-6911

Family Service of Morris County

973-538-5260

To obtain a Morris County Photo ID card: contact

Office of the Clerk: 973-285-6160 or

www.morriscountyclerk.org

NJT Reduced Fare Program - 973-491-7112



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DIVISION OF HEALTH 2020 SENIOR CITIZEN FLU CLINIC

Unfortunately this year, vaccine supplies are running low. Please contact the Senior Center at 973-292-6690 or the Health Dept. at 973-796-1975 for updates on supplies. Local CVS & Walgreens Pharmacies are providing FREE flu shots if you do not wish to wait.



COME PLAY BINGO & WIN PRIZES!

Every Tuesday at 12pm, starting October 6th Senior Center, 3rd Fl., Townhall MORRISTOWN RESIDENTS ONLY! Space is limited. MASKS REQUIRED AS WELL AS YOUR OWN STAMP. Please call 973-292-6690 to register.



MORRISTOWN SHRED EVENT

OCTOBER 3, 2020

Take advantage of this safe and secure method of destroying confidential documents.

Town Hall parking lot off of Franklin St.

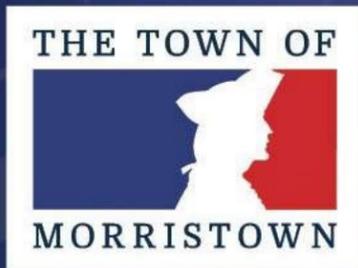
Please bring your documents in either paper bags or cardboard boxes weighing no more than 10 lbs.

Shredding is limited to confidential and sensitive materials only. Please recycle all other paper. No binders or magazines. * Plan to arrive early as this event will end prior to Noon if the shredding truck reaches capacity.

Cost is \$5.00 per bag or box

Proceeds to be used for the Kiwanis' Morristown High School Scholarship Fun

Co-sponsored by Morristown Clean Communities Program and Kiwanis Club of Morristown



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MOVIE TIME!

A movie will be shown in the Senior Center the 4th Wednesday of every month. Reservation is needed, please call the Senior Center to reserve a spot! **MASKS REQUIRED.**



Town Hall will be closed October 12, 2020 for Columbus Day

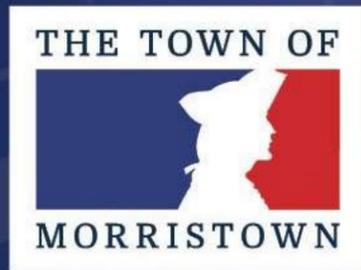
IMPORTANT INFO!

- **STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)**
1-800-792-8820. SHIP provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance.
- **DOES YOUR HOUSE NEED WORK?**
The "Morris County Housing Rehabilitation Program" could be your answer! For more information: Call Wayne Cresta: **973-292- 6709**.
- **HOMESHARE PROGRAM**
Housing Alternative for Morris County: If you or someone you know need an affordable place to live, help with home or mortgage payments, extra help around the house or companionship and you or someone you know has room to spare, time to care and love to share, let Home Share bring you together. For more information, call: **908-526-4663**.
- **MASKS AVAILABLE!**
The Morristown Fire Bureau has mask available for Morristown Residents **only**. If you are in need of masks, please contact the fire Chief at 973-292-6604 or r-flanagan@townofmorristown.org. Leave your name address and phone number and masks will be delivered to your home.
- **JCPL CRITICAL CARE CUSTOMERS**
If any member of your household depends on electrically operated life-support equipment, please contact JCPL (800-662-3115 to be added as a critical care customer list, which will be used to inform you of power outages and will be provided to the County and Municipal Offices of Emergency Management.

*****If you have an issue or question and are not sure what department to call, contact Wayne Cresta at 973- 292-6709 or w-cresta@townofmorristown.org.

CHANGE TO GROCERY SHOPPING!

*** The morning bus at Early St., Ann St. and Clyde Potts locations has been discontinued. Please contact the Senior Center at 973-292-6690 if special accommodations are needed.



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COVID-19 IMPORTANT INFORMATION:

WHO IS AT HIGH RISK: Older Adults, People with serious chronic medical conditions like Heart Disease, Diabetes, Lung Disease.

CONCERNED YOU MIGHT BE AT RISK FOR CORONAVIRUS (COVID-19)?

- Call the Atlantic Health Nurse Screening Hotline at **1-862-260-3199**.
- New Jersey Department of Health also has a 24-hour hotline at **1-800-222-1222** where training health care professionals can assist with answering questions about COVID-19.
- Visit the Atlantic Health System COVID-19 (Coronavirus) Information Website at <https://www.atlantichealth.org/about-us/stay-connected/news/content-central/2020/covid-19-coronavirus.html>
- Morris County Public Health Nurse at 973-796-1975. After hours, via the Morris County Communications Center at 973-285-2900.

IF YOU ARE HAVING SYMPTOMS:

- **Call First:** Communicate travel history and symptoms before arriving at a doctor's office or health care facility, enabling the provider to determine the best setting for you to receive care.
- **Stay home except to get medical care:** Restrict your activities to limit the spread of the virus. If your symptoms are not severe, consider going online for 24/7 access to board-certified physicians for consultations, diagnosis and treatment.
- **Separate yourself:** Limit contact with other people and animals in your home. When possible, stay in a separate room and use a separate bathroom.
- **Other tips:** The CDC also recommends wearing a face mask, covering coughs and sneezes, cleaning hands often, avoiding sharing personal household items, cleaning commonly touched surfaces and more.

IMPORTANT PHONE NUMBERS & WEBSITES

Morris County Office of Health Management

<https://health.morriscountynj.gov/> **973-631-5484

Center for Disease Prevention

www.cdc.gov

World Health Organization

www.who.in



WAYS TO VOTE

Mail-in Ballot

also known as "early voting," "absentee voting," or "voting by mail"

November 3, 2020 General Election

Note: For the November 3, 2020 election:

- All registered voters will be mailed a Mail-In Ballot.
- No application for the 2020 General Election is required. If you are an active registered voter, you will automatically be mail a Mail-In Ballot.
- You can either mail back your ballot, drop it off at a polling location, or drop it off at one of our drop boxes (see below).
- Ballots sent via USPS must be postmarked by 11/3, and received no later than 8pm on 11/10.

Vote-By-Mail Drop Boxes

Prefer to drop off your mail-in ballot, instead of sending it in the mail? Vote-by-Mail Drop Boxes will be installed in 15 locations across Morris County (5 are currently installed).

They are all outside and under surveillance 24/7. They resemble a USPS Blue Mailbox, but are Red, White & Blue and display "Morris County – Official Ballot Drop Box."

The Vote-By-Mail ballots (VBM) will be picked up on a daily basis and brought to the BOE. All Security measures will be followed when collecting and transporting the VBMs.



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Existing drop box locations:

- Morris County Administration & Records Building**
10 Court Street, Morristown NJ 07960
(Outside front entrance)
- Mount Olive Municipal Building**
204 Flanders/Drakestown Road, Budd Lake NJ 07828
(Parking Lot entrance to Municipal Offices)
- Rockaway Twp. Municipal Building**
65 Mount Hope Road, Rockaway, NJ 07866
(Outside Police Department)
- Montville Municipal Building**
195 Changebridge Road, Montville, NJ 07045
(In front of Municipal Building)
- Madison Public Safety Complex**
62 Kings Road, Madison, NJ 07940
(Commuter Parking Lot 3)

- Long Hill Town Hall**
915 Valley Road, Gillette, NJ 07933
Side Entrance
- Mendham Boro Police Department**
3 Cold Hill Rd, South, Mendham, NJ 07945
Outside Front Entrance
- Parsippany Municipal Building**
1001 Parsippany Blvd, Parsippany, NJ 07054
Outside Main Entrance – Facing Route 287
- Randolph Municipal Building**
502 Millbrook Avenue, Randolph 07869
Outside Main Entrance
- Roxbury Township Town Hall**
1715 Route 46, Ledgewood, NJ 07852
Outside Main Entrance
- Wharton Municipal Building**
10 Robert Street, Wharton 07885
Outside Main Entrance

For more information on the election and voting, please contact the Morris County Board of Elections at:

**Morris County Board of Elections
10 Court St, Second Floor
Morristown, NJ 07960
973-285-6715**

Drop box locations expected to be in place **by the end of September:**

- Chester Township Municipal Building**
1 Parker Road. Chester, NJ 07930
Parking Lot by Clothing Drop Box
- Denville Municipal Building**
1 St. Mary's Place, Denville, NJ 07834
Outside Main Entrance
- Jefferson Municipal Building**
1033 Weldon Road, Oak Ridge, NJ 07438
Outside Main Entrance
- Kinnelon Borough Town Hall**
130 Kinnelon Road, Kinnelon, NJ 07405
Parking Lot – Back Entrance

BEWARE OF COVID-19 SCAMS!

What can you do to stop COVID-19 fraud?

- Do not give out your Medicare number to anyone other than your doctor, health care provider, or other trusted representative.
- Protect your Medicare number and treat your Medicare card like a credit card.
- Never provide your Medicare number to anyone who contacts you through unsolicited calls, texts, or emails.
- Be cautious of anyone who comes to your door offering free coronavirus testing, treatment, or supplies.
- Don't click on links from sources you don't know, which could put your computer or device at risk. Make sure the anti-malware and anti-virus software on your computer are up to date.
- Be cautious when purchasing medical supplies from unverified sources, including online advertisements and email/phone solicitations.
- Ignore online offers for vaccinations. If you see ads touting prevention products or cures for COVID-19, they are most likely a scam.
- Do your homework before making a donation to a charity or crowdfunding site due to a public health emergency. Be particularly wary of any charities requesting donations by cash, by gift card, or wire transfer.
- Be alert to "investment opportunities." The U.S. Securities and Exchange Commission (SEC) is warning people about online promotions, including on social media, claiming that the products or services of publicly traded companies can prevent, detect, or cure COVID-19 and that the stock of these companies will dramatically increase in value as a result.

What does Medicare cover in relation to COVID-19?

- Medicare Part B (Medical Insurance) covers COVID-19 tests when ordered by your doctor or health care provider on or after February 4, 2020.
- Medicare covers all medically necessary hospitalizations, including extra days in the hospital for patients who had to stay longer under COVID-19 quarantine.
- There is no vaccine for COVID-19 at this time; however, if one becomes available, Medicare will cover it.
- Medicare also recently expanded coverage of telehealth services to enable beneficiaries to access a wider range of services from their providers without having to travel to a facility.
 - This includes access to doctors, nurse practitioners, clinical psychologists, and licensed clinical social workers.
 - During this emergency, there are also more options for the ways your providers can talk with you under this provision.
- For Medicare coverage questions, contact your local State Health Insurance Assistance Program (SHIP) at [SHIPTAcenter.org](https://www.shiptacenter.org) or 1-877-839-2675.

Report Fraud: **Contact local law enforcement **Call 1-800-Medicare **Report directly to the Office of the Inspector General at 1-800-HHS-TIPS